



SOLSYD LODGE No. 603 Zone 4

Lethbridge, Alberta

KALENDER

September 21: Dinner at 6:00 with meeting to follow.

October 19: Dinner at 6:00 with meeting to follow.

Meals are provided by Smitty's Restaurant.

SONS OF NORWAY BOOK CLUB

All Sons of Norway members are invited to join this virtual book club, regardless of where they live. The discussion is set for September 29th at 7:00 pm ET or 7:30 pm MT.

To sign up for the book club send a request for the Zoom link at:
SonsofNorwayBookClub@gmail.com.

This month's reading is "The Far Traveller: Voyages of a Viking Woman" by Nancy Marie Brown.



Gratulerer Med Dagen

July: Sandy Brunelle, Jim Drain, Alvena Unik

August: Marion Belle, Jeffery Depratu, Jean Sokvitne, William Thurlow

September: Hans Isele, Patti Johnsen, Maurice Larson, Marilyn Perl, Helga Ronningen, Shirley Sokvitne

October: Clarence Collier, Carolyn Coverdale, Candis Done

SAAMI BRACELETS

We are planning on having a course on making Saami bracelets. If you are interested in this, please let us know by the next Sons of Norway meeting on September 21st.

For more information, contact Bev Jestin at 403 553-4125.

PRESIDENT'S MESSAGE

It seems like a long time since we have been in touch with our membership since we have had no gatherings over the summer. Now that most of the Covid restrictions have been lifted we look forward to meeting regularly and planning activities for the fall. It has been a hot, dry summer but some of us have been able to travel a bit and resume a somewhat "normal" lifestyle again even though Covid is still present.

We did not have a delegate attend the District Convention virtually in June as we had planned but we have received word that the Resolution to merge the Saskatchewan and Alberta part of District 4 with District 7 (British Columbia) to create an all-Canadian District was submitted and was passed. It will now need to be passed at the International Convention which is happening August 31-September 1.

There were many changes made in District 4 leadership at the this District Convention:

President: Jerry Saude (Bismarck)

VP: Susan Gobbs (Helena)

Treasurer: Marilyn Martinson (Fargo, continuing in this role)

Secretary: Betty Dhuyvetter (Columbus, ND - Crosby lodge)

Cultural/Publicity: Flo Kallenbach (Maddock, ND, continuing)

International Director selected (to be elected at International Convention): narrow victory - Claudia Berg (Bismarck) won over Elaine Nelson (Fargo)

About 92 delegates and officers in all were present, including those who attended virtually.

We want to extend a warm welcome to John and Myrna Orsten who were accepted as new members at our June meeting. Hanna Odland was a visitor at our that meeting and is considering becoming a member. Encourage her to become part of our group,

We were pleased to have Sharon Prenevost and her grandson attend Trollhaugen Cultural camp in August. Check out more details about that elsewhere in this edition.

Thank you to Marilyn and Bev who monitored our website and Facebook page all summer.

Our next meeting is September 21. We invite you to gather anytime after 5pm. Supper will be served at 6 and a meeting will follow at 7. Bring your ideas for new activities for the coming year. Remember: The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway and to celebrate our relationship with other Nordic countries. What can we do to support this mission?

Fraternally,
Betty Lambert

TROLLHAUGEN LANGUAGE & ARTS CAMP was held the week of August 7-13 at Deer Valley Meadows Retreat Centre near Alix, Alberta. The theme this year was **Norway.... Then and Now**. As in past years at Deer Valley, the chipmunks chattered away in the aspens and coyotes howled from someplace up the Red Deer River. The weather was lovely all week long.

There were just over 90 participants with 48 of them being children: five preschoolers/grade 1, four children finishing grades 2&3, seven children in the grade 4 /5 group, nineteen finishing grades 6/7/8 and thirteen finishing grades 9 and up.

The food was exceptionally good and the menu was varied. Participants did not help with the cleaning up after meals nor did they sweep the various buildings being used for activities as we have done in the past.

Because of a lack of instructors/leaders, there was no ethnic cooking class this year but the usual hardanger, rosemaling, Swedish weaving, chip carving, and wood working were offered as were classes in folk dance, Norwegian language, orienteering, archery and nature study. Group E (Grades 9+) helped instruct some of the smaller children's language activities (which was something new and very successful).

As the Trollhaugen AGM President, Josh Anderson shared that next year, the **Trollhaugen Language Arts and Culture Camp will celebrate 50 years** so plans will soon be in the works to make it a memorable camp year:

1. Also from the AGM and to help with the continuation of a successful Trollhaugen camp, consider spending 2 days working a casino. Jennifer Whalen, Casino Coordinator, made an appeal for casino workers to come to Edmonton during the spring of 2023. Transportation and lodging will be provided for out-of-town workers.
2. 2023 Boutique (butikk) Coordinator, Sylvia Colleton, Sons of Norway Solglyt Lodge (Edmonton) is asking members of district lodges to start collecting suitable articles.
3. Silent Auction Coordinator, Arden Neustaedter, asked Sons of Norway Lodges and Trollhaugen supports to start looking for suitable items, too. This year there were about 30 items on which to bid mostly donated by the Calgary Sons of Norway Lodge (from an event cancelled due to Covid) .
4. Additionally and FYI, Camp directorship this year was capably handled by Kalli Lirette (who spoke fluent Norwegian during the camp 17th of May ceremony).
5. The Generations Award (presented by Helen Evjen) to individuals making long-term commitments to the Trollhaugen movement were to Josh Anderson, Heidi Mapstone and Alyssa Slettede.
6. Arden Neustaedter, Trollhaugen Treasurer, reported that Sons of Norway donated \$800 (US funds) \$1017.00 to Trollhaugen this year and another \$5000 CDN was donated on behalf of the Gold Eye Foundation.
7. The website was updated by Katrina Hansen's committee. Have a look at trollhaugenalberta.com

Consider Trollhaugen camp next year. It will be a fun time.

Submitted by Sharon Prenevost

TROLLHAUGEN CAMP 2022



SYTTENDE MAI 2022



Several members attended the flag raising on May 17th, 2022. Mayor Blaine Hyggen, who has Norwegian roots, brought greetings on behalf of the City of Lethbridge.