



**SOLSYD LODGE No. 603 Zone 4  
Lethbridge, Alberta**

**KALENDER**

**November 16:** Dinner at 6:00

**December 14:** Lutefisk Supper at 6:00. \*\*

\*\* Please note the meeting date changed from the third Wednesday to the second Wednesday in December.

**NORTH BY NORWAY PODCASTS**

Members enjoyed listening to a podcast at the October meeting. Podcasts are available at:

<https://shows.acast.com/north-by-norway/episodes>



**Gratulerer Med Dagen**

**November:** Fern Heinen,  
Bev Jestin, Lyle Lambert

**December:** Harold Hamre,  
Myrna Orsten, Nancy Pohn



Members Bev Jestin and Candis Done participated in Cultural Days at Fort Macleod Library.

## **PRESIDENT'S MESSAGE**

God Jul og Godt Nytt År!

It seems early to be extending Christmas and New Year's greetings, but the holiday season is quickly approaching and will be gone before our next Newsletter.

It is good to be meeting regularly in person again. We have been averaging about thirty people at our supper meetings, but we are hoping to see that number grow because we have more than thirty members. We want to welcome Hanna Odland who has just become a member of our group.

Thank you to Bev Jestin who is busy organizing activities for us. We have a workshop to make Sami bracelets happening on November 5 and if you are interested in making greeting cards come to our next meeting on November 16 by 4:30 and Bev and Candis will show us how to make our own cards before we have our meal and meeting. Just bring your own glue stick.

Our December meeting will be held on the second Wednesday of the month, December 14. We are hoping this will be an opportunity to celebrate the festive season with lutefisk. (There will be meatballs too for those who haven't acquired a taste for lutefisk). Jean is checking on the availability of this treat so we can't make any promises just yet, but we are trying. I invite your suggestions as to what we can do to make our Christmas meeting special. My suggestion is that we share stories about our favourite Christmas or the Christmas that stands out in our memories for good (or bad) reasons. Unless you can come up with a better idea at our November meeting, start thinking about this and come prepared. If you prefer you could share a Christmas poem or some Christmas music. Start thinking about it now.

As is our tradition, we ask you to bring donations of non-perishable food items, socks or toques, to the December meeting. Our donation this year will go to Woods Homes.

Lyle will be ordering Norwegian Calendars again. You have until November 1 to get your orders (or changes in order) to him. The calendars should be here by our November meeting on November 16. Call him at 403-329-1738 or e-mail to okomo4@telus.net,

Fraternally,

Betty Lambert

Ever wondered what the traditional Christmas dinner is in Norway? If you Google it, you learn: "In Norway, two traditional dishes are contenders for the most popular Christmas dinners – "ribbe" (pork rib) and "pinnekjøtt" (lamb or mutton rib). Whilst the former has been the overall prime choice for years, the popularity of pinnekjøtt grows for each passing year."

# Scandinavian films in the 2022 Calgary European Film Festival

My name is Ron Reine and I am the president of the Sons of Norway Lodge here in Calgary. I am sending this note to let you know about some of the films which are in this year's 11th edition of the **Calgary European Film Festival (CEFF)**, and which may be of interest to members of your group/organization. This is an opportunity to view award winning foreign language films as part of your cultural or language enrichment programs.

This year marks the 11<sup>th</sup> edition of the CEFF with more than 25 local European Cultural groups presenting films in their original languages, and with English subtitles. This year is a hybrid version of the festival with nine of the films being presented online, as well as in theatre. Eight of the nine films (Austria, Latvia, Azerbaijan, Norway, Slovakia, Czech Republic, Romania and Sweden) are available Canada wide while one (Finland) is only available in Alberta. Films available for online viewing can be viewed at any time during the festival, which runs from **November 5 through 13, 2022.**

Films that may be of particular interest to the Scandinavian audience include **"Hope" from Norway** and **"The Emigrants" from Sweden**. These two films will be available **all across Canada** from November 5<sup>th</sup> through November 13<sup>th</sup>. The film **"How to Kill a Cloud" from Finland**, will be available online **only from within Alberta** during the same time period.

For more information please visit the Festival's "Tickets and FAQs" web page at <https://CalgaryEuropeanFilmFestival.ca/tickets>. For details on individual films, including trailers, go to the [film](#) or [schedule](#) pages on the website. If buying tickets for online screenings, be sure to use the **"Buy Tickets – Streaming on Demand"** button for those films with online availability.

It would be very much appreciated if you would share this information with your group's membership, if it is appropriate to do so.

Best regards,  
Ron Reine

## **A TRIBUTE TO NORWEGIAN PARENTS**

When I was but a youngster, I often wondered why  
My parents spoke with accents unlike the folks near by  
Instead of saying Johnson as spoken with a "J"  
They'd pronounce it "Yohnson" as "J" became a "Yay".

My folks were born in Norway, along the scenic fjords  
And they came to this country for what this land affords  
To claim the rich potential of America's proud dream  
The ownership of property ... that immigrants esteem.

My Dad worked as a farmer on fertile midwest soil  
With teams of mules and horses and honest Nordic toil  
His own farm, home and children ... came to him by and by  
Still, memories of Norway would linger in his eye.

My mother dreamed of Norway and of her family there  
While raising up her children with tender love and care  
We all remember lefse, and Jule brod so good  
All made upon a cookstove that we had fed with wood.

Those grand old folks are gone now ... but I remember yet  
The fine Norwegian heritage that I cannot forget  
Of working hard and honestly, the qualities that stay  
The simple things brought with them ... from their own land, Norway.

They never had much money ... or property to leave  
They left me only with memories of childhood to retrieve  
But what they left is priceless, a gift of which I'm proud  
It was their Norwegian heritage that Mom and Dad endowed.

Taken from Norse Press, Sioux Falls, S.D. 1972

## **HIDE THE BROOM - A FUNNY NORWEGIAN TRADITION**

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The hiding of all brooms on Christmas Eve night is apparently a very old Norwegian tradition. In days gone by people believed witches and evil spirits come out on this night looking for brooms to ride on, so they hid them in the safest places possible. Nowadays, Norwegian women still hide their brooms, mops and brushes before going to sleep, while the men sometimes sneak out of the house and fire a shotgun to scare off the witches.

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Members enjoyed making gnomes before the meeting. Thanks very much to Bev Jestin for organizing this and providing the supplies and instructions.



God jul! Godt nytt år!