



SOLSYD LODGE No. 603 Zone 4

Lethbridge, Alberta

KALENDER

September 18: Dinner at 6:00 with business meeting to follow.

October 16: Dinner at 6:00 with silent auction to follow.

FOUNDATION MONTH

October is Foundation Month when we raise money for Sons of Norway Foundation in Canada. Once again we will be holding a silent auction so any donations will be gratefully accepted.



Gratulerer Med Dagen

September: Hans Isele, Maurice Larson, Arnold Pederson, Marilyn Perl, Helga Ronnigen, Shirley Sokvitne

October: Clarence Collier, Carolyn Coverdale, Candis Done, Magna Goerke, Evelyn Kryswaty

START LEARNING NORWEGIAN

The Sons of Norway website has a page where you can learn Norwegian in 5 minutes a month.

Visitors to “Norwegian in 5 Minutes a Month” have asked for information on the Norwegian alphabet and genealogical terms, so they have added pages on both topics

Login to your members page and click on Norwegian Language Lessons under Norwegian Culture.



Hans & Carol Isele, Peter & Nancy Pohn, Helga Ronnigen, and Millie and Alfred Isele were honoured at the June meeting for their many years of service for providing delicious meals for Solsyd Lodge meetings.

Greetings Solsyd Sons of Norway members,

Summer has gone too fast as usual, but the calendar says it is September! Hope your summer has been relaxing and full of fun experiences.

Looking back since our last newsletter, it was a rainy May 17th for our celebration of Norway's 210th Constitution Day anniversary at City Hall so we held part of our proceedings indoors. Mayor Blaine Hyggen, as well as City Councillors Belinda Crowson and Jenn Schmidt- Remple attended along with about 25 Solsyd members, friends and a colourful 8 veteran RCMP honour guard. Thank you everyone for participating. Many gathered at Smitty's for lunch and conversation. The Norwegian flag flew at city hall for the next week and our colours were splashed across the City Hall façade that evening.

On the afternoon of the June meeting, about 20 members gathered for a time with our Legacy and Henderson Park trees. We tied red, white and blue decorations (which Magna Goerke had beautifully designed) for the burr oak at Legacy and the Norway maple at Henderson. Thanks to Duane Velve and Roelof Heinen for barbecuing hamburgers and European wieners, to Bev Jestin for sharing the making of lefse for the "polse med lompe" (Norwegian hotdogs) and many thanks to members who brought the yummy salads and desserts.

With deep gratitude and appreciation, we honoured the Isele and Pohn families for their many years catering Sons of Norway meeting dinners. I know we are surely going to miss those cabbage rolls!

Further to our trees and something to think about, is that Andrew Somerville from the City of Lethbridge Parks Department said the city has opened the space near our grove at Legacy Park for 8 more trees. If you are interested in contributing to the purchase of a tree in memory of someone, the cost is \$300. Andrew also said the city will prepare a flower bed around the base of our burr oak for perennials but that we would have to purchase and care for the plants going forward.

On August 12th eight Solsyd members wearing red vests, attended a memorial service for Faye Cain who died in hospital on August 1st Faye was a faithful and active member of our Lodge for almost 10 years. We will miss her.

Doug from Picture Butte Bert's AG Foods will cater our meals this fall. In September, we will be treated to a roast beef dinner. Remember to bring your utensils and that the cost of a meal is \$20. Compostable bowls will be provided for the dessert. If there is food left over, take-away meals will be available at \$15 each.

We would like to include a copy of Solsyd Lodge members' biographies in the archival material going to the Galt Museum this fall so please take the time to share your story. If you prefer, volunteers will scribe, type and/or read your story for you. Just ask for help.

October is Sons of Norway Canadian Foundation month when we usually make a donation in support of the foundation's cultural, scholarship and grant programs. Please see what you might have to contribute to a silent auction this year. (perhaps- souvenirs, crafts, art, clothing, textiles, woodwork, jewellery, baking, preserves, tickets, workmanship, skills etc.)

Looking forward to seeing everyone on September 18th for the beginning of our Lodge season.

Sharon.



Southern Alberta Ethnic Association

**Afro Fest 2024, Saturday, September 21,
12:00 pm - 8:pm**

Celebrate the vibrant cultures, traditions and talents of Africa at Afro Fest! This is your chance to immerse yourself in a rich and colourful experience filled with music, dance, art, and cuisine that showcase the diversity of the African continent.

Be at Galt Gardens on Saturday, September 21st for this incredible celebration!

**Taste of Mexico, September 27th
Cocktails 5:30 pm, Dinner 6:30 pm
Multicultural Centre**

The evening begins with a multi-course Mexican meal and includes Mexican entertainment.

Get your tickets before Friday September 20th. Tickets are \$25.00 + GST for members. Solsyd Lodge is a member of SAEA.

For information contact info@saea.ca or 403 320-1577.

For more information go to <https://saea.ca/index.asp>

2025 CALENDARS

Now is the time to place your order for the 2025 Sons of Norway Calendars. Please contact Lyle Lambert if you would like one. Cost of the calendar is \$25.00 and you can pay when you receive it. Lyle can be reached at 403 329-1738 or email okomo4@telus.net.

MEMBERSHIP DUE INCREASE

During the district conventions, delegates heard a compelling message regarding the years leading up to the July 2024 dues increase. This message helped highlight the slow sales of products ten to fifteen years ago and the impact that this had on revenue and our surplus.

Membership Fees have gone up as follows:

Single: \$87.00
Gold: \$52.00
Couple: \$146.00





Sylsyd Lodge members attend decorating trees at Legacy Park & Henderson Lake Park on June 19th.



Veteran RCMP Honour Guard stand in line at Lethbridge City Hall for Syttende Mai.



Bev Jestin was featured in the Fort Macleod newspaper for an evening that she organized for Country of the Month at the library. She had a lovely display of Norwegian handiwork and Norwegian food.



Magna Goerke gave an interesting presentation on Norway at the Fort Macleod library the night of Country of the Month. She has spent time living in Norway.